

## Post Procedure Instructions

### Excision Without Stitches

- Keep area dry until tomorrow
- Keep the area clean with soap and water; Pat to dry
- If using a bandage, change it daily
- Apply Polysporin ointment or Vaseline daily for 1-2 weeks; once daily with daily bandage change OR twice daily if no bandage
- Once healed, apply sunscreen to the area daily

### Excision With Stitches

- Keep area dry until tomorrow
- Keep the area clean with soap and water; Pat to dry
- Apply a band-aid, change it daily
- Apply Polysporin ointment or Vaseline once daily with **daily bandage change until stitches have been removed**
- Avoid taking a bath or swimming for 4 days; Showers are fine
- Suture removal should occur in:  
\_\_ 5-7 days \_\_ 7-10 days \_\_ 10-14 days
- Sutures can be removed by your dermatologist or a family doctor. Please schedule this removal appointment today.
- Once healed, apply sunscreen to the area daily

### Liquid Nitrogen/Cautery Treatments

- Apply Polysporin ointment or Vaseline twice daily
- Lesions will fall off within 5 days to 2 weeks
- Some lesions may need to be treated more than once; Please contact us to arrange for follow-up if you require further treatment

### Signs of Infection

- Watch for signs of infection which include: fever, redness extending beyond site, swelling, increasing pain, odour, pus draining from the site. Notify the doctor immediately if this occurs

### Test Results

- All samples are tested
- Results should arrive back to Compass Dermatology within 3 weeks
- Your dermatologist will review your results and only call you if there is an issue
- Please book a follow up appointment with our front reception in:  
\_\_ 2/3/4 weeks \_\_ 3/6 months \_\_ 1 year \_\_ No follow up needed

### Scar Reduction

- With any surgical procedure, scars may occur
- To decrease scarring follow your doctor's instructions
- Compass Dermatology offers cosmetic laser treatments to help reduce the appearance of scars

- Optimal results are achieved by treating recent scars within 2–12 weeks, however even old scars can be improved
- Scar treatments start at \$99 per treatment with a series of treatments required
- Please ask our team for more information

**TO SCHEDULE APPOINTMENTS, PLEASE CALL 647-351-9277**