

## Wound Care Instructions

### Lesion Removal: Shave Biopsy (no stitches)

- Keep area dry until tomorrow
- Keep the area clean with soap and water; Pat to dry
- If using a bandage, change it daily
- Apply Polysporin ointment or Vaseline daily for 1-2 weeks; once daily with daily bandage change OR twice daily if no bandage
- Once healed, apply sunscreen to the area daily

### Punch Biopsy (with stitches)

- Keep area dry until tomorrow
- Keep the area clean with soap and water; Pat to dry
- Apply a band-aid, change it daily
- Apply Polysporin ointment or Vaseline once daily with daily bandage change until stitches have been removed
- Avoid taking a bath or swimming for 4 days; Showers are fine
- Suture removal should occur in:  
    \_\_ 5 days                      \_\_ 7-10 days                      \_\_ 10-14 days
- Sutures can be removed by your dermatologist or a family doctor. Please schedule this removal appointment today.
- Once healed, apply sunscreen to the area daily

### Liquid Nitrogen/Cautery Treatments

- Apply Polysporin ointment or Vaseline twice daily
- Lesions will fall off within 5 days to 2 weeks
- Some lesions may need to be treated more than once; Please contact us to arrange for follow up if you require further treatment

### Test Results

- All samples are tested
- Results should arrive back to Compass Dermatology within 3 weeks
- Our office will contact you with results after they have been reviewed by the dermatologist.
- Please book a follow up appointment with our front reception in:  
    \_\_ 2 weeks      \_\_ 3 weeks      \_\_ 4 weeks      \_\_ 3 months      \_\_ 6 months      \_\_ 1 year

**TO BOOK APPOINTMENTS, PLEASE CALL 647-351-9277**